

# North Clay Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1 MEATBALL SUB. CHIPS SALAD W/ DRESSING PEACHES MILK, VARIETY	Apr - 2 PORK FRITTER / BUN RED PEPPER SLICES CHIPS CELERY FRUIT COCKTAIL MILK, VARIETY	Apr - 3 BBQ / BUN BAKED BEANS CARROTS / DIP ORANGES MILK, VARIETY	Apr - 4 TACO IN A BAG REFRIED BEANS CORN PINEAPPLE MILK, VARIETY	Apr - 5 CHICKEN WRAP BROCCOLI & CHEESE PEAS Apples MILK, VARIETY
Apr - 8 NO SCHOOL TODAY	Apr - 9 CHICKEN PATTY/ BUN CHEESE POTATOES BUTTERED CARROTS APPLESAUCE MILK, VARIETY	Apr - 10 CHILI DOG / BUN BAKED BEANS SEASONED FRIES PEARS MILK, VARIETY	Apr - 11 CORN DOG GREEN BEANS CARROTS / DIP PINEAPPLE COOKIE MILK, VARIETY	Apr - 12 FISH SANDWICH FRENCH FRIES JUICE CUCUMBER SLICES FRUIT COCKTAIL MILK, VARIETY
Apr - 15 CHEESEBURGER / BUN SALAD W/ DRESSING PEAS PEARS JUICE MILK, VARIETY	Apr - 16 NACHOS SUPREME CORN CELERY MANDARIN ORANGES MILK, VARIETY	Apr - 17 STEAK BITES W/ bread GREEN BEANS BAKED BEANS Apple Slice JUICE MILK, VARIETY	Apr - 18 CHICKEN DRUMS/ ROLL MASHED POTATOES CALIFORNIA MEDLEY BLUEBERRIES COOKIE MILK, VARIETY	Apr - 19 SLOPPY JOE / BUN CHIPS PINEAPPLE CELERY BAKED BEANS
Apr - 22 HAMBURGER / BUN FRENCH FRIES CUCUMBER SLICES BANANA MILK, VARIETY JUICE	Apr - 23 CHICKEN NUGGETS BAKED POTATO BROCCOLI & CHEESE APPLESAUCE JUICE MILK, VARIETY	Apr - 24 GENERAL TSO CHICKEN/RICE CALIFORNIA MEDLEY RED PEPPER SLICES FRUIT COCKTAIL FORTUNE COOKIE MILK, VARIETY	Apr - 25 CHICKEN & NOODLES MASHED POTATOES GREEN BEANS MANDARIN ORANGES MILK, VARIETY	Apr - 26 CHEESEBURGER / BUN SALAD W/ DRESSING PEAS PEARS JUICE MILK, VARIETY
Apr - 29 RIB / BUN FRENCH FRIES BROCCOLI & CHEESE APPLESAUCE MILK, VARIETY	Apr - 30 Turkey and Cheese Sandwich GREEN BEANS CARROTS / DIP PEARS JUICE MILK, VARIETY			

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	657	600-700	100%	Sugars	31.41* g	19.12%	
Cholesterol	71 mg			Protein	31.23 g	19.01%	
Sodium	1266 mg	1360		Carbohyd	77.40 g	47.11%	
Fiber	7.04 g			Tot. Fat	24.94 g	34.16%	<=30.0%
Iron	3.00 mg			Sat. Fat	7.26 g	9.95%	<10.00%
Calcium	441.70 mg						
Vitamin A	1520 IU						
Vitamin C	6.36 mg						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.